

**CALGARY & DISTRICT LABOUR COUNCIL
FALL WEEKEND LABOUR SCHOOL
SEPTEMBER 23 & 24, 2011.**



**UNION
EDUCATION**

**BEST WESTERN VILLAGE PARK INN
1804 CROWCHILD TRAIL NW, CALGARY**

Courses Available

Building Leadership Skills for Women

Conflict Resolution

Union Counselling (Level 1)

The course continues for four additional Tuesday evenings and one full Saturday at the United Way Office

AGENDA

FRIDAY

5 - 6 PM REGISTRATION

6 - 7:30 CLASSES

7:30 - 7:45 BREAK

7:45 - 9 CLASSES

SATURDAY

8:30 - 11:30 CLASSES

11:30 - 1 PM LUNCH

1-5 PM CLASSES

REGISTRATION

If you are a member of the Calgary Local of CUPW and are interested in attending one of these courses please contact the Calgary Local Union office (#109 5621-11 St NE)

at

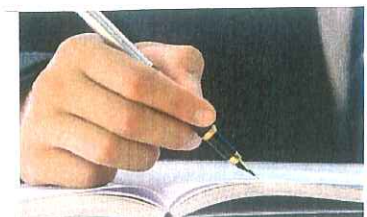
403-730-7018

or

403-295-2556 (ex 1)

before

August 19th, 2011



COURSE DESCRIPTIONS

PLEASE CHOOSE ONE

CONFLICT RESOLUTION

This course provides union reps with a toolkit of strategies, tactics and skills to manage specific disputes as well as conflict in the workplace. Managing workplace disputes and conflict focuses on mastering coaching and communication skills, investigative techniques, documenting facts utilizing frameworks for analyzing disputes, strategies for generating alternatives and evaluation options as well as dispute system design techniques.

After this course, participants will be able to:

- describe a continuum of dispute resolutions options, evaluate appropriate frameworks for analyzing disputes, practice techniques for effective coaching of others within their union
- examine procedures for conducting investigations, contrast methods of generating alternatives and evaluating options or solutions demonstrate various communication skills, and identify techniques to deal with systemic conflict.



EDUCATION PROVIDES GROWTH

BUILDING LEADERSHIP SKILLS FOR WOMEN

The new Women Activists program provides women with the tools to organize, hold ground on the gains we've made, and push forward to build a movement for women's economic and social equality.

Level 1 UNION COUNSELLING (30 Hrs.)

A union-based program operated in the workplace, by workers and for workers. It is based on peer support with referral to community agencies when appropriate. The objective of this program is to develop a strong network of labour activists who are trained about a variety of social and personal challenges workers face and the community resources available to address these challenges. (more on next page)

UNION COUNSELLING LEVEL 1 (30 HOURS)

Union counsellors do not counsel workers. Instead they link workers to the support services their tax dollars and donations to United Way have established. Level I provides general knowledge and skills related to the program, specifically: labour and the community; the purpose of the program and the role of union counsellors; available services in your community; Communicating with members in need; Human rights and equity in union counselling and implementing a program in your local

Program Structure:

The Canadian Labour Congress (CLC) United Way Counselling Program is Labour's way of caring for our sisters and brother in their time of need. It is a union-based program operated in the workplace, by workers and for workers. It is based on peer support with referrals to community agencies when appropriate. The objective of their program is to develop a strong network of labour activists who are trained about a variety of social and personal challenges workers face and the community resources available to address these challenges. Union counsellors do not counsel workers. Instead they link workers to the support services their tax dollars and donations to United Way have established. Level I provides general knowledge and skills related to the program, specifically: *labour and the community; the purpose of the program and the role of union counsellors; available services in your community; communicating with members in need; human rights and equality in union counselling and implementing a program in your local.*

Course Objectives:

- To train union members about community services so they can refer co-workers to appropriate resources
- To train union members about their role as union counsellors in the family
- To provide union members with information about issues so they can better work with labour community organizations and the United Way to build community.

Course Content:

 Includes but is not limited to

- ✓ Unions and Communities
- ✓ Equity
- ✓ Community Services
- ✓ Principles of Communication
- ✓ Interviewing and Listening Skills
- ✓ Stress
- ✓ Understanding Violence
- ✓ Substance Abuse
- ✓ Implementing the Program

Cost: \$200.00 Includes course material, lunch and nutrition breaks.

Register through the CDLC Fall Labour School. For further course information contact Holy Heffernan, Labour Strategist at the United Way of Calgary and Area at 403-410-1851



United Way
of Calgary and Area

UNITED WE CREATE A BETTER FUTURE

UNION COUNSELLING
LEVEL 1 COURSE WILL
RUN 4 TUESDAY
EVENINGS AND 1
ADDITIONAL SATURDAY
AT THE UNITED WAY
OFFICE, 1202 CENTRE ST.
SE CALGARY.

Tuesdays - 6 to 9:30 pm
(light meal provided)

September 27

October 4

October 11

October 18

And Saturday, October

22 from 9 am to 4 pm

(lunch provided)

