

## STAY CONNECTED

Now that we are preparing for our upcoming negotiations, it is more important than ever to stay informed. There are many ways that you can keep connected. You can read bulletins on the CUPW bulletin boards, sign up for local emails or text messages, attend local meetings and use the online channels below:

### Where To Find Information

Sign up for CUPW's eDigest – a weekly email newsletter of all that's new:  
<http://www.cupw.ca/en/cupw-edigest>

cupw•sttp Our website: <http://www.cupw.ca/>

Follow us on Twitter and Facebook:



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[www.facebook.com/cupwsttp](http://www.facebook.com/cupwsttp)

### Communications Strategy

During this round of negotiations, we will be using all of the above methods to keep you informed. Things can happen quickly once negotiations get going. We need to be strong and united to achieve what we deserve this round and every member needs to participate.

### Demands Ratification

Please make sure you attend your local's demands ratification meetings. This is a great opportunity to ask questions and fully understand our program of demands. The calendar of meetings is also on our website, and is updated regularly.

***Be Informed and Be Involved!***

Solidarity!

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