What is 211?

211 is an information and referral service offered through a partnership between United Way of Calgary and Area, The City of Calgary, and Distress Centre Calgary.

This 24/7 service is available in over 200 languages, assisting people who need information but don't know who to call. For example, you may call 211 if you need food, were recently laid off, cannot pay your rent or utilities, or are new to Calgary and cannot find childcare or a doctor.

211 connects people to thousands of community, government and social services. It is a free and confidential service.

You can connect with 211 over the phone by dialing 2-1-1.

Visit www.ab.211.ca for more information.