

Contact us

	For...	Contact...
Pension inquiries	<ul style="list-style-type: none"> Active members Retirees Deferred members Survivors Beneficiaries 	<p>Pension Centre</p> <p>1-877-480-9220 1-866-370-2725 (TTY) 613-683-5908 (Outside North America)</p> <p>Pension Centre</p> <p>1-877-480-9220 1-866-370-2725 (TTY) 613-683-5908 (Outside North America)</p> <p>or use ☑ Calculate my pension</p> <p>Active members AccessHR</p> <p>Retirees</p>
Pension estimate calculations		<p>Pension Centre</p> <p>1-877-480-9220 1-866-370-2725 (TTY) 613-683-5908 (Outside North America)</p> <p>or use ☑ Calculate my pension</p> <p>Active members AccessHR</p> <p>Retirees</p>
Change of address		<p>Pension Centre</p> <p>1-877-480-9220 1-866-370-2725 (TTY) 613-683-5908 (Outside North America)</p>
General questions or comments about the information found on this website.		<p>Pension Services</p> <p>2701 RIVERSIDE DRIVE SUITE B320 Ottawa ON K1A 0B1</p> <p>☑ pension.services@canadapost.ca</p>
Note: For privacy reasons, any questions dealing with personal situations will not be answered by email. Do not send any personal information in an email.		
To contact your elected representative on the <u>Pension Advisory Council</u>		Pension Advisory Council

2701 RIVERSIDE DRIVE
SUITE B320
OTTAWA ON K1A 0B1

[✉pension.services@canadapost.ca](mailto:pension.services@canadapost.ca)

C&C Group

To contact your Communications and Consultation
Group representatives

2701 RIVERSIDE DRIVE
SUITE B320
OTTAWA ON K1A 0B1

[✉groupeccgroup@canadapost.ca](mailto:groupeccgroup@canadapost.ca)

Questions about your pension payments including:

Income Tax
T4A
Garnishments

RBC Investor Services Trust

BENEFIT PAYMENT SERVICES
EAST WING 5TH FLOOR
1 PLACE VILLE MARIE
MONTREAL QC H3B 1Z3
1-800-876-4498

Great-West Life Assurance Co.

General questions related to post-retirement health and
dental benefit plans

GROUP MEMBER INFORMATION
PO BOX 6000 STATION MAIN
WINNPEG MB R3C 9Z9
1-866-249-5723

[✉greatwestlife.com](http://greatwestlife.com)

[✉groupnet.greatwestlife.com](http://groupnet.greatwestlife.com)

Inquiries about health and dental benefit claims

Quebec residents, other than in the National Capital Region

GREAT-WEST LIFE HEALTH & DENTAL
BENEFITS
800 DE LA GAUCHETIERE STREET WEST
SUITE 5800
MONTREAL QC H5A 1B9
1-866-716-1313
1-800-990-6654 (TTY)

For all other residents

GREAT-WEST LIFE HEALTH & DENTAL
BENEFITS
PO BOX 3050

WINNIPEG MB R3C 0E6
1-866-716-1313
1-800-990-6654 (TTY)

groupnet.greatwestlife.com

Active members

AccessHR

Retired members

Pension Centre

1-877-480-9220
1-866-370-2725 (TTY)
613-683-5908 (Outside North America)

Pension Centre

PO BOX 2073
MISSISSAUGA ON L5B 3C6

or by fax at 905-272-6300

Inquiries about basic life insurance

Send all forms and documents to: