

3 DAY EDUCATION SEMINAR

WHEN: March 27th-30th 2025

WHERE: Holiday Inn Express
Downtown - 10010 - 104th
Street, Edmonton

COURSES OFFERED:

Welcome to CUPW

This course gives new members key information about their union and helps them find their place in it. Topics include CUPW's history and constitution, how to write a resolution, union values versus employer values, understanding power, and the many faces of union activism.

Solidarity Skills Level I

This course examines conflict in the union and how to handle it. Its aim is to equip locals with a solidarity skills toolbox to help prevent the escalation of conflicts and help resolve them when they do occur. Level 1 of Solidarity Skills introduces techniques such as active listening, non-violent communication, and conflict de-escalation skills. It focuses on different conflict resolution methods, and the development of communication skills used in this work.

Grievance Handling

This course reinforces participants' grievance knowledge, investigation and advocacy skills. Included: shop stewards rights, grievance investigation, active listening, grievance hearings, the duty of fair representation and the steward's role as a workplace organizer. In "It's more than grievances", participants look at shop floor-oriented strategies for resolving issues. **Note:** This course is for stewards with some experience.

Fighting Back

This course dispels the myth of membership apathy. Participants will learn how to organize and mobilize union members into a powerful force for change. The course explores how to do union work in a way that builds the strength and courage of the membership. The skills learned can be applied to all the tough situations facing our members and our union—it's a course for today and tomorrow.

DEADLINE FOR APPLICATIONS TO BE SUBMITTED TO THE LOCAL:

FEBRUARY 14, 2025 @ 5PM

Registration deadlines for locals may vary, please contact your local to ensure you do not miss the deadline for applying.

Understanding that there are limited opportunities, preferences will be given to impassioned members who demonstrate their commitment to their Union and Community.

Interested members should be made aware that all sessions of the courses are mandatory. Please instruct participants to inform the Regional Education and Organization Officer – Dave Lambert, of any medical conditions that must be considered. All Union functions are scent free so please refrain from wearing perfume or scented products.

This education program falls under Article 11.06 of the National Constitution and expenses for delegates are paid under Article 7.42, which include meals, transportation and accommodation. Reimbursement for childcare expenses is also available. The Union encourages all members to access this right of membership and learn how to make your own working life and that of your co-workers better.

For more information contact your shop steward, local education officer or executive member.

In Solidarity,



Dave Lambert
Regional Education & Organization Officer
CUPW Prairie Region

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