

UNION EDUCATION PROGRAM 2026 APPLICATION FORM

Note: The Union Education Program is an intensive learning program that will involve rigorous and challenging study. The learning process will be transformative. It is therefore important to assess your capacity to manage the transformational nature of the learning and its effect on your ability to move through the curriculum without becoming unduly overcome.

➤ **IMPORTANT: Please note that a short statement is required, as per Section F.**

SECTION A – PERSONAL INFORMATION

Your “legal name”

Last name _____ Given names _____

Note: Please be sure that you write your name as it appears on your photo ID. This is especially important if we will be buying airline tickets for you, as the name we put on your ticket must correspond with your name as it appears on the photo ID you will use at the airport.

Chosen/Preferred name

Write your chosen/preferred name here: _____

Gender identity* M <input type="checkbox"/> F <input type="checkbox"/> X <input type="checkbox"/>	Date of birth: day ___ month ___ year ____	HRID no. (employee ID) _____	Smoker <input type="checkbox"/> Non-smoker <input type="checkbox"/>
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* “X” includes Trans, Non-Binary, Two-Spirit, and Binary gender identities.

Aeroplane # _____ Email _____

Your home address _____ # _____

City or town _____ Province _____ Postal code _____

Your CUPW local _____ Region _____

Your telephone numbers

Cell (____) _____ Work (____) _____ Home (____) _____



Best method and time to be contacted

CUPW staff may need to reach you to discuss things like travel arrangements. Please indicate the best way for us to contact you, and when.

email _____ home phone _____ cell _____
 work phone _____ other _____ preferred time _____

Name of person to be notified in case of emergency

_____ Spouse/partner Parent Other

Telephone numbers: Home (____) _____ Work (____) _____

LANGUAGES: English:	Read <input type="checkbox"/>	Write <input type="checkbox"/>	Speak <input type="checkbox"/>
French:	Read <input type="checkbox"/>	Write <input type="checkbox"/>	Speak <input type="checkbox"/>
Other(s)	Read <input type="checkbox"/>	Write <input type="checkbox"/>	Speak <input type="checkbox"/>

Please specify other language: _____

NAME FOR DIPLOMA:

If you were accepted into the program and were to graduate, how would you like your name to be written on the diploma?

TRAVEL:

For people living *outside Montreal*, what is the closest airport to your home?

If the airport you'll be flying from is a lengthy drive or bus ride away, please give details (e.g. length of trip in km (one way), how long it will take you to get to the airport).



Note: People from outside Montreal, Ottawa, and the Eastern Townships will fly to Trudeau International in Montreal (YUL). A chartered bus will take them from the airport to the Manoir des Sables in Orford, QC.

People *living in the Montreal or Ottawa areas* can also take the chartered bus from the airport to Orford.

Mileage will be paid to those who drive themselves from Eastern Ontario or other regions in Quebec, or who are driven by another person who is not a UEP participant or facilitator.

SECTION B – EDUCATION

Check off all the boxes that apply:

- Some high school
- Completed high school
- Some post-secondary program (university or college)
- Received college certificate
- Received university degree
- Some graduate work
- Received graduate degree
- Homeschooled
- Self-taught



SECTION D – TRADE UNION AND OTHER ACTIVITIES

1. How many years have you been working for Canada Post and been a member of CUPW? Or, are you a member of a CUPW private sector bargaining unit? If so, which one, and how long have you been a CUPW member?

2. How often do you attend local union meetings?
Regularly Sometimes Never

3. What union office(s) do you **presently** hold and how long have you been in that or those office(s)?

4. On what committee(s) do you serve in your local and/or union?
Also, if you are (or were) active in the union in other ways, please provide details.

5. What union office(s) have you held **in the past**? Please list the offices you have held in CUPW. If you belonged to another union and were active, please provide details.



6. Have you been to CUPW conventions? If so, in which years?

7. Have you been to conventions of Federations of Labour or the Canadian Labour Congress? If so, list which ones.

8. Do you ever attend labour council meetings in your community? Have you ever held a labour council position or worked with unions outside of CUPW? Please give details.

9. Are you involved in any community organizations, coalitions or campaigns? Please give details of current or past activities.

10. Do you have a skill, talent or expertise in a leisure activity (yoga, beading, sports, music, etc.)? *This is not a criteria for selection but provides us with added information.*

11. Are you a member of any of the CUPW National Human Rights Committee Working Groups?



SECTION E – VOLUNTARY SELF-IDENTIFICATION

The information requested below will assist the union in assessing the representative diversity of the applicants. (*Check all that apply*)

- I am male
- I am female
- I am a young worker (age 35 or younger)
- I am a racialized person (by virtue of my race or colour, a worker of colour)
- I am an indigenous person of North America / Turtle Island or elsewhere. Specify.
- I am lesbian
- I am gay
- I am bisexual
- I am a transgender person
- Other gender identity _____
- I am a person with a disability. Please describe:

SECTION F - YOUR STATEMENT (Written, Audio or Video)

For your application to be considered complete, you must write a short statement of 150-250 words on "Why I want to attend the Union Education Program".

A written statement should be typed or handwritten on 8½" x 11" sheets of paper. Please number each page and put your name on the first page.

Note: If you do not wish to send a written statement, you can record your remarks (1-2 minutes) and send and audio or video link by email.



SECTION G – SIGNATURE OF A LOCAL OR UNION OFFICER

It is our policy to make sure that an officer of the applicant's local (or union) is aware that an application has been made to the Union Education Program, so please have the president or one of the other officers of your local (or union) sign below.

Signature of your president or other officer of the local (or union)

Please print the above signing officer's name

Title of signing officer

SECTION H – DATES OF PROGRAM

Note: The Union Education Program is held at the Manoir des Sables in Orford, Quebec.

The first session, the longest one, is seven days long. *Week 1 combines an orientation session and the first week of the program. It is longer than Weeks 2-4. In this case, participants arrive at the Manoir the evening before the program begins.

- ☞ Weeks 2 to 4 have classes from Monday to Friday, with an opening session or other activity scheduled on Sunday evening, with the exception of Week 4. Some participants will need to stay at an airport hotel in Montreal the Saturday night before sessions begin, but everyone will travel to Orford on the Sunday.
- ☞ There are evening classes and other group activities during each week of the program.

2026 SCHEDULE :

- Week 1: August 15-21, 2026
- Week 2: October 18-23, 2026
- Week 3: November 15-20, 2026
- Week 4: December 14-18, 2026

(signature of applicant)

(date of application)



GENERAL APPLICATION INSTRUCTIONS

1. Note that the deadline for applications for the 2026 Union Education Program is **April 1st, 2026**.
2. Please make sure you can attend each week of the four-week residential program. The dates are listed in Section H. The **February 12, 2026** bulletin outlines the goals and content of the program.
3. Please complete the application form **in BLOCK CAPITALS**, making sure that none of the information is left out. Fill in all the blanks. If some of the information requested is not applicable, write **N/A** in the appropriate space.
4. As explained in Section F, you must send a short statement to support your application. Please send in your statement along with your application form. We need the statement to get an idea of your perspective, not to rate your writing ability. You do not have to be a good writer to take the Union Education Program. If you do not wish to write your statement, you can submit a link to your video or audio file.
5. Please make sure you sign the application.
6. Send your application to:

By email:

lmorin@cupw-sttp.org

or

By Post:

Lynda Morin
Canadian Union of Postal Workers (CUPW)
377 Bank Street
Ottawa (ON) K2P 1Y3

SPECIFIC APPLICATION INSTRUCTIONS

Special attention should be given to the following sections:

SECTION C - Labour Education

Name the course(s) taken, the duration, where it was held, and the sponsoring organization. For example:

- Regional seminar:
Winnipeg, Manitoba
Spring 2017, 3 days, CUPW
- Health and Safety:
Drummondville, Québec
November 2017, 1 week, FTQ
- Parliamentary Procedure:
Saint John, N.B.
March 2018, 2 days, Saint John and District Labour Council
- Arbitration:
Harrison Hot Springs, B.C.
February 2018, 1 week, CLC Winter School

SECTION G – Signature of local officer

Please obtain the required signature. This signature cannot be the candidate's, so, if you are the president of your local, get another officer's signature.